

BREAKFAST MENU for Argenziano, ESCS, Healey, Kennedy, WSNS, Brown, Capuano

DECEMBER 2018

MONDAY

Free breakfast is available for all students every day!

TUESDAY

"This institution is an equal opportunity employer."

WEDNESDAY

THURSDAY

FRIDAY

3 Assorted Breakfast Breads	4 Egg and Cheese on Croissant	5 Yogurt Parfait	6 Scrambled Eggs with Toast	7 Pancakes with Blueberries
10 Oatmeal	11 French Toast with Strawberries	12 Yogurt Parfait	13 Scrambled Eggs with Toast	14 Waffles with warm Apple Slices
17 Assorted Breakfast Breads	18 Egg and Cheese on Croissant	19 Yogurt Parfait	20 Scrambled Eggs with Toast	21 Pancakes with Blueberries

DECEMBER BREAK—NO SCHOOL

FUEL UP with BREAKFAST!

While a piece of fruit is rich in fiber, vitamins and minerals, it's not enough for breakfast. With the cold months approaching come into the cafeteria and enjoy a FREE hot breakfast with your friends. You will be more satisfied and ready to learn!



Choices available every day:

Assorted low sugar cereals and grahams crackers, whole wheat bagels with low fat cream cheese. Assorted fresh fruit and low-fat 1% or skim white milk daily.

Menu subject to change.