

Somerville High School and Next Wave/Full Circle BREAKFAST MENU

2016-2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEATURED BREAKFAST ITEMS				
Wheat French Toast Sticks (4) with syrup and blueberries	Yogurt Parfait Fresh Fruit	Whole What Pancakes (3) with syrup and strawberries	Egg & Cheese on wheat English Muffin	Wheat Waffles (3) with syrup and blueberries
CHOICES AVAILABLE EVERYDAY				
Wheat Bagel with Cream Cheese Assorted Cereals & Graham Crackers Hot Oatmeal Muffins: Corn, Wheat Blueberry or Apple Wheat Muffin 8oz 1% of skim milk	Wheat Bagel with Cream Cheese Assorted Cereals & Graham Crackers Hot Oatmeal Muffins: Corn, Wheat Blueberry or Apple Wheat Muffin 8oz 1% of skim milk	Wheat Bagel with Cream Cheese Assorted Cereals & Graham Crackers Hot Oatmeal Muffins: Corn, Wheat Blueberry or Apple Wheat Muffin 8oz 1% of skim milk	Wheat Bagel with Cream Cheese Assorted Cereals & Graham Crackers Hot Oatmeal Muffins: Corn, Wheat Blueberry or Apple Wheat Muffin 8oz 1% of skim milk	Wheat Bagel with Cream Cheese Assorted Cereals & Graham Crackers Hot Oatmeal Muffins: Corn, Wheat Blueberry or Apple Wheat Muffin 8oz 1% of skim milk

Just because School is out for the summer, that does not mean you still can't enjoy our delicious meals! Starting July 5th, join us for a FREE breakfast and lunch at locations across the City. Check out the SPS Website for more details.

Have a happy and healthy summer and we look forward to seeing you in September!

A fluid 8oz 1% milk and assorted fresh fruit is available daily.

All cereals are low sugar

All items are whole grain.

