


# JANUARY 2019

LUNCH MENU FOR: All Pre-K to 8th grade schools, plus Brown, Capuano, Full Circle and Next Wave



Farm Fresh Salad Bar and salads available daily featuring local produce from Drumlin Farm in Lincoln, MA. Lunch that features a Local Harvest item will have this symbol: 

Alternative lunches offered daily with all of the sides, except half days. All meals are served with a choice of low-fat 1% or skim milk. Questions, please contact Lauren Mancini, School Nutrition Director at 617-625-6600 x6087

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALTERNATIVES
 <p>1</p>	<p><b>FOOD JOKE</b> 1</p> <p>Q: What did the gingerbread woman put on her bed?</p> <p>A: A Cookie Sheet</p>	<p>2</p> <p>Homemade Cheese Pizza Garden Salad with Beans</p>	<p>3</p> <p>Chicken and Waffles Blueberries and Strawberries</p>	<p>4</p> <p>Mini Cheese Ravioli Mozzarella Stuffed Breadstick Roasted Carrots</p>	<p>Bagel Lunch with Cheese Stick and Carrots</p> <p>Chicken Teriyaki Salad</p>
<p>7</p> <p>Cheeseburger Oven Baked Fries</p>	<p>8</p> <p>Local Baked Potato Bar: Queso Cheese Sauce Steamed Broccoli, Bacon Bits and Sour Cream</p>	<p>9</p> <p>Homemade Cheese Pizza Crispy Caesar Salad</p>	<p>10</p> <p>Roasted Turkey w/ Gravy Roasted Potatoes Sweet Corn</p>	<p>11</p> <p>Vegetarian Bean Chili Corn Chips Celery Sticks</p>	<p>Grilled Chicken Wrap with lettuce and tomato</p> <p>Garden Salad with Tuna</p>
 <p>14</p> <p>Local Fish and Chips Creamy Cole Slaw</p>	<p>15</p> <p>Pulled Pork Sandwich Butternut Squash Baked Cinnamon Chips</p>	<p>1/2 Day 16</p> <p>Homemade Cheese Pizza Garden Salad with Beans</p>	<p>17</p> <p>Turkey Stir Fry Steamed Brown Rice Seasoned String Beans</p>	<p>18</p> <p>Taco Salad: mixed greens , tomatoes beef taco, kidney beans, cheese, corn chips and salsa</p>	<p>Sunbutter and Jelly on Wheat with Yogurt</p> <p>Chef Salad</p>
<p>21</p> <p><b>NO SCHOOL</b></p>	<p>22</p> <p>Tangerine Chicken Brown Rice Vegetable Blend</p>	<p>23</p> <p>Homemade Cheese Pizza Garden Salad with Beans</p>	<p>24</p> <p>Assorted Calzones: Buffalo Chicken, Steak &amp; Cheese, Veggie Fresh Cut Vegetables</p>	<p>25</p> <p>Stuffed Shells with Sauce Fresh Garlic Bread Spinach w/ Oil and Garlic</p>	<p>Buffalo Chick Wrap with lettuce and tomato</p> <p>Spinach, Pear and Bacon Salad</p>
<p>28</p> <p>Oven Baked Toasted Cheese Sandwich Roasted Sweet Potatoes</p>	<p>29</p> <p>Somerville Sampler: Chicken Nuggets, Mozzarella Sticks, Corn Chips, Three Bean Salad</p>	<p>30</p> <p>Homemade Cheese Pizza Crispy Caesar Salad</p>	<p>31</p> <p>Baked Meatloaf Creamy Mashed Potatoes Gravy and Peas</p>	<p>1</p> <p>Homemade Macaroni and Cheese Steamed Broccoli</p>	<p>Turkey and Cheese Sandwich</p> <p>Cajun Chicken Salad</p>