



"This institution is an equal opportunity employer."

Alternative lunches offered daily with all of the sides, except half days. All meals are served with a choice of low-fat 1% or skim milk. Questions, please contact Lauren Mancini, School Nutrition Director at 617-625-6600 x6087

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALTERNATIVES
Look for leafy greens daily on the salad bar and add it to your salad!		Student Lunch: \$3.50 Adult Lunch: \$5.50	<i>"This institution is an equal opportunity employer."</i>		
4 SNOW DAY	5 Italian Night Out: Raviolis, Sausage, Cheesy Bread Stick Fresh Caesar Salad	6 Jamaican Beef Patties Yucca and Plantains	7 Open Faced Roasted Turkey Sandwich with Gravy, Stuffing , Cranberry Sauce and Corn	8 Teriyaki Chicken Wings Rice Pilaf Steamed Broccoli	Beef Burger Assorted Pizza Assorted Wraps Salad Bar
11 Chicken Fajita with Peppers & Onions on a Warm Soft Tortilla Rice and Beans	12 Assorted Calzones Fresh Vegetables	13 General Tso Chicken Egg Rolls and Steamed Vegetable Blend	14 Wings and Things: Spicy Buffalo Wings, Mozzarella Sticks, Baked Curly Fries Carrots and Celery	15 Homemade Meatloaf Roasted Potatoes Lightly Seasoned Spinach	Grilled Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar
18 Breakfast Burrito: Egg, Cheese, Ham and Hash browns in a soft tortilla Oven Baked Fries	19 Somerville Sampler: Chicken Nuggets Mozzarella Sticks and Corn Chips Simply Spiced Squash	20 Sloppy Joe Sandwich Tomato, Basil and Mozzarella Salad	21 Street Tacos Shredded Pork on a Soft Tortilla, Rice and Beans, Queso Sauce, Salsa and Guacamole	22 Vegetarian Chili Corn Chips Celery Sticks	Steak and Cheese Sub Assorted Pizza Assorted Wraps Salad Bar
25 Chicken, Bacon, Cheese and Ranch Panini Oven Roasted Carrots	26 MCAS: Pizza and Assorted Sandwiches	27 MCAS: Pizza and Assorted Sandwiches	28 Tangerine Chicken Seasoned Broccoli Steamed Rice	29 Buffalo Chicken Salad: mixed greens , tomatoes, cheese, corn chips and guacamole and salsa	Buffalo Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar