
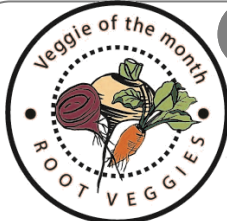





Farm Fresh Salad Bar and salads available daily featuring local produce from Drumlin Farm in Lincoln, MA. Lunch that features a Local Harvest item will have this symbol: 

All meals are served with a choice of low-fat 1%, skim milk or low fat chocolate milk. Questions, please contact Lauren Mancini, School Nutrition Director at 617-625-6600 x6087

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALTERNATIVES
 <p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p>Chicken and Waffles Strawberries and Blueberries</p>	<p>3</p> <p>Chicken Broccoli and Ziti Homemade Breadstick</p>	<p>4</p> <p>Vegetarian Chili Corn Chips Celery Sticks</p>	<p>Beef Burger Assorted Pizza Assorted Wraps Salad Bar</p>	
<p>7</p> <p>Jamaican Beef Patties Plantains</p>	<p>8</p> <p>Chicken Quesadilla Corn and Bean Salad</p>	<p>9</p> <p>General Tso Chicken Steamed Brown Rice Seasoned Broccoli</p>	<p>10</p> <p>“Italian Night Out” Raviolis, Sausage and Cheesy Breadstick Caesar Salad</p>	<p>11</p> <p>Buffalo Chicken Salad Chips, Guacamole and Salsa</p>	<p>Grilled Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar</p>
 <p>14</p> <p>Local Fish and Chips Creamy Coleslaw</p>	<p>15</p> <p>Chicken Parmesan with Penne Pasta Crispy Green Beans</p>	<p>16</p> <p>Italian Baked Chicken Tomato Basil and Mozzarella Salad</p>	<p>17</p> <p>Chicken, Bacon and Ranch Sliders Sweet Potato Fries</p>	<p>18</p> <p>Homemade Meatloaf Seasoned Green Beans Fresh Baked Dinner Roll</p>	<p>Steak and Cheese Sub Assorted Pizza Assorted Wraps Salad Bar</p>
<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>Stuffed Shells with Sauce Fresh Garlic Bread Seasoned Green Beans</p>	<p>23</p> <p>Assorted Calzones Squash and Sweet Potato Bake</p>	<p>24</p> <p>Chicken Fajita with Peppers & Onions on a Warm Soft Tortilla Rice and Beans</p>	<p>25</p> <p>Homemade Oven Baked Macaroni and Cheese Roasted Carrots</p>	<p>Buffalo Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar</p>
<p>28</p> <p>Meatball Sub Roasted Sweet Potatoes</p>	<p>29</p> <p>SHS Highlander Sampler: Buffalo Chicken Rangoons Mozzarella Sticks Onion Rings</p>	<p>30</p> <p>Baked BBQ Chicken Seasoned Corn Homemade Corn Bread</p>	<p>31</p> <p>Pasta with Meat Sauce Lightly Seasoned Spinach Fresh Garlic Bread</p>	<p>1</p> <p>Chicken Taquito Corn and Bean Salad Apple Churro</p>	<p>Crispy Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar</p>