

MAY 2019



LUNCH FOR Somerville High School



Student Lunch: \$3.25 Adult Lunch: \$5.00

"This institution is an equal opportunity employer."

Alternative lunches offered daily with all of the sides, except half days. All meals are served with a choice of low-fat 1% or skim milk. Questions, please contact Lauren Mancini, School Nutrition Director at 617-625-6600 x6087

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALTERNATIVES
		1 Teriyaki Chicken Brown Rice Honey Glazed Carrots	2 Zesty Buffalo Chicken Tomato, Basil and Mozzarella Salad	3 Glazed Chicken Oven Baked Fries Roasted Squash	Crispy Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar
6 Jamaican Beef Patties Yucca Fries Plantains	7 Assorted Calzones Apple Broccoli Salad	8 Chicken and Waffles Strawberries and Blueberries	9 Chicken Fajita with pepper and onions Rice Pilaf with tomatoes Baked Apple Churro	10 Homemade Meatloaf Oven Roasted Potatoes Lightly Seasoned Spinach	Local Beef Burger Assorted Pizza Assorted Wraps Salad Bar
13 LOCAL MONDAY Fish and Chips Creamy Coleslaw	14 Chicken Parmesan with Penne Pasta Steamed Broccoli	15 Wings and Things: Spicy Buffalo Wings, Mozzarella Sticks, Baked Curly Fries Carrots and Celery	16 Hard Shell Beef Taco Chili Spiced Corn and Bean Salad	17 Turkey Dinner with Gravy Mashed Potatoes and Seasoned Corn	Grilled Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar
20 Breakfast Burrito: Egg, Cheese, Ham and Hash browns in a soft tortilla Steamed Broccoli	21 Somerville Sampler: Chicken Nuggets Mozzarella Sticks and Corn Chips Sweet Potato Fries	22 Sloppy Joe Sandwich Oven Baked Fries	23 Chicken Quesadilla Three Bean Salad	24 Vegetarian Chili Corn Chips Celery Sticks	Steak and Cheese Sub Assorted Pizza Assorted Wraps Salad Bar
27 NO SCHOOL	28 General Tso Chicken Egg Rolls Honey Glazed Carrots	29 Italian Baked Chicken Homemade Corn Bread Roasted Sweet Potatoes	30 Stuffed Shells with Meatballs Cheesy Bread Steamed Corn	31 Rosemary Pork Roast Oven Roasted Potatoes Roasted Squash	Buffalo Chicken Sandwich Assorted Pizza Assorted Wraps Salad Bar