

SOMERVILLE HIGH SCHOOL, FULL CIRCLE AND NEXT WAVE

DECEMBER 2018 WEEKLY BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FEATURED BREAKFAST ITEMS

French Toast Sticks	Scrambled Eggs with Bacon Scrambled Eggs with Veggies Scrambled Eggs with Cheese Fresh Baked Biscuit	Yogurt Parfaits	Sausage, Egg and Cheese on a Bagel Ham, Egg and Cheese on a Bagel Egg and Cheese	Wheat Waffles
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CHOICES AVAILABLE EVERYDAY

Wheat Bagel with Cream Cheese	Wheat Bagel with Cream Cheese	Wheat Bagel with Cream Cheese	Wheat Bagel with Cream Cheese	Wheat Bagel with Cream Cheese
Assorted Cereals & Graham Crackers	Assorted Cereals & Graham Crackers	Assorted Cereals & Graham Crackers	Assorted Cereals & Graham Crackers	Assorted Cereals & Graham Crackers
Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal
Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana	Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana	Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana	Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana	Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana

"This institution is an equal opportunity employer."

FUEL UP with BREAKFAST!

While a piece of fruit is rich in fiber, vitamins and minerals, it's not enough for breakfast. With the cold months approaching come into the cafeteria and enjoy a FREE Hot breakfast with your friends. You will be more satisfied and ready to learn!



Assorted fresh fruit and low-fat 1% or skim white milk daily.

All cereals offered are low sugar.

All breakfast items are whole grain.

Menu subject to change.